



## Awards & Recognitions

### Received awards from TANCARE - 2021 for the services



Special award given to founder of MMHRC **Dr. N. Sethuraman** for the life time achievement, received by **Dr. B. Kannan**, Medical Administrator, MMHRC



Received '**Best Nephrology Services**' award by **Dr. K. Sampath Kumar**



Received '**Best Oncology Services**' award by **Dr. Krishnakumar Rathnam**

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**Your donations make these  
Charitable services possible!**

(Sep 2020 to Apr 2021)

## FREE SERVICES

Services	No. of Beneficiaries
→ Food to patients (in plates)	67174
→ Children cancer treatment	990
→ TB Treatment (NTEP)	525
→ HIV Counseling & Testing	492
→ Cleft Lip / Cleft palate surgeries	297
→ Medical camps	43

## Editorial...

**Hello readers,**

**I hope you are having a good health!**

It is indeed a great honour to release the 25<sup>th</sup> edition of the Meenakshi mission's official charity newsletter.

By the time you read this, we will probably intensively work to reach more like minded peoples to expand our services effectively.

Inspite of new normal situation we are able to render services to the needy population without any hindrance. It would be **AWESOME** if you could submitted your service or about your business to us for publication.

In this issue, we have more helpful information about other NGO's service rendering educational assistance.

Direct relief, USA, Amway has extended their helping hands by providing masks / sanitizer / medicines to reach around 2 lakh population. With the financial help from Amway, we are able to open 2 more telemedicine centres at Sivagnanapuram & Sithargalnatham.

As usual we have successfully conducted annual fundraising event, ie: Cultural cocktail for charity. Inspite of the covid situation, MMHRC had been able to collect around 29 lakh rupees for the children with cancer, Which was favourable out come for the cause. A huge thank you to all the Donors / Sponsors who contributed for this event.

During the period, new tie ups were made organizations like Tiara hoemophilng and cancer foundation, Give India, Impact Guru and Neuro synoptics for Geriatric population. And this new initiation will continues in near future also.....

We would like to thank our chairman, trustees and management for their everlasting support throughout the creation of the charity plans.

If you have any question, comments, concerns, complaints or constructive suggestions, I' d love to hear from you, so please get back to us. Happy reading!

Fondly,

Editorial Team.



## Free Cleft Lip / Palate Surgeries

Meenakshi Mission Hospital with Smile Train USA., Identified the patients through Camps and referrals.

**மினாக்சி மிஷன்**  
மருத்துவமனை மற்றும் ஆரம்பச் சிகிச்சை மையம்

**30**

**உதடு / உள் அண்ணம் பிளவுபட்டோருக்கு இலவச அறுவை சிகிச்சை**

**இலவச மருத்துவ முகாம்**

**உதடு பிளவு சீரமைப்பு**

**உள் அண்ணம் பிளவு சீரமைப்பு**

அறுவை சிகிச்சைக்கு முன்/ பின்

அறுவை சிகிச்சைக்கு முன்/ பின்

**உதடு / உள் அண்ணம் பிளவுபட்ட 3 மாத குழந்தைகள் முதல் 40 வயது பெரியவர் வரை இலவசமாக பயன் பெறலாம்.**

நாள்: இடம்:

தகவல்களுக்கு தொடர்பு கொள்க: **Ph : 0452 - 4263000, Cell : 94434 61723**

### Sivagangai Camp

OP-52 / IP-14

Camp Date: 18.03.2021 to 19.03.2021

### Madurai Camp

OP-66 / IP-20

Camp Date: 11.02.2021 to 12.02.2021





## Free Meals Distribution



Dr. B. Kannan, Medical Administrator, MMHRC, Madurai.



Dr. K.C. Kathirvel & Mrs. Sasireka, Gobi.





Mr. Baskara Sethupathy, Madurai



Mr. Adarsh Mukuntharajan, Madurai



Dr. Venugopal konanki, Sr. Consultant MMHRC, Madurai.



Dept. of Physiotherapy, MMHRC, Madurai.



Mr. P. Saravanan, Othakadai Madurai.



Dr. R. Ravichandran, Sr. Consultant, MMHRC, Madurai.





Mr. Veeramaruthupandian, Meenakshi Bhavan, Paramakudi.



Mrs. V. Krishnammal & Family, Uralipatti.



Mr. Rathinchand & Family, Madurai.



Mr. G. Vignesh Rawal, Madurai.



Madurai Kundan Mr. Ramesh, Event Coordinator.



'Village Food Factory' Mr. Daddy Arumugam, Madurai.





'Folk singer' Mr. Velmurugan, Karaikudi.



Dr. N. Ganesan, Sr. Consultant, MMHRC, Madurai.



Mr. R. Mahadevan, Madurai.



Mr. K.V.K.R. Prabakaran, Jeyaprabha Jewelers, Madurai.



Mr. S. Nagaiahamsy, SSO - MMHRC, Madurai.



Mr. G.S. Murugan, AHM - Kendriya Vidyalaya, Madurai.



## Telemedicine Service

Two New Telemedicine Centres were established with the help of Amway at Sivagnanapuram & Sithargal Natham, Dindigul District.



சிவஞானபுரத்தில் இலவச துணை மருத்துவமனையை குல்லிசெட்டிபட்டி ஊராட்சி மன்ற தலைவர் வைகை பாலன் திறந்து வைத்தார். ஊராட்சி தலைவர் பாப்பாத்தி, கூட்டுறவு சங்க பொறுப்பாளர்கள் சீனியாபிள்ளை, ஆறுமுகம் உள்பட பலர் கலந்து கொண்டனர்.



## Fundraising Event



# CULTURAL COCKTAIL

FOR CHARITY



With the help of Donors / Sponsors we have successfully conducted another fund raising event, with **Vijay TV Jodi No. 1 fame Yuvaraj & Team**, Chennai.



Mr. Sivashanmuga Posaya Naicker Zamindar,  
Marungapuri.



Mr. Mohan kumar (a) Karunai Ragava Muthiah  
Zamindar, Kadavoor, Karur.



Mrs. Vijayaa Ramasamy,  
Vijayalakshmi Traders, Mettupalayam.



Mr. T. John Rajasekaran,  
Monika Groups, Madurai.





**Mr. Ramasubhu, GM - Rajapalayam Mills,  
Rajapalayam.**



**Mr. J. Shoban - J.K. Advertisers,  
Madurai.**



**Mr. AM. Haja Anish,  
Keelakarai.**



**Mr. L. Senthurnathan (Sr. Divisional Manager),  
LIC of India, Madurai.**



**Mrs. Savithiri Devadas,  
Madurai.**



**On behalf of M/S. Shyاملavani, FM - Radio,  
Madurai.**



**On behalf of Sri Sathguru sangeetha Vidyalayam College  
of Music, Madurai.**



**M/S. Mangayarkarasi College of Arts & Science  
for Women, Madurai.**



On behalf M/S. Subhulakshmi Lakshmiathy College,  
Madurai.



M/S. Tamilnadu Agricultural University,  
Madurai.



M/S. Namma Madurai & NM Digital Ads,  
Madurai.



Dr. M. Swamiappan,  
Madurai.



Mr. Nagajothian - Jai Arts Sky,  
Madurai.



M/S. RAS Photography Pictures,  
Sivangai.



On behalf of M/S. Dinamalar, Madurai.



On behalf of M/S. Suryan FM 93.5 - Madurai.





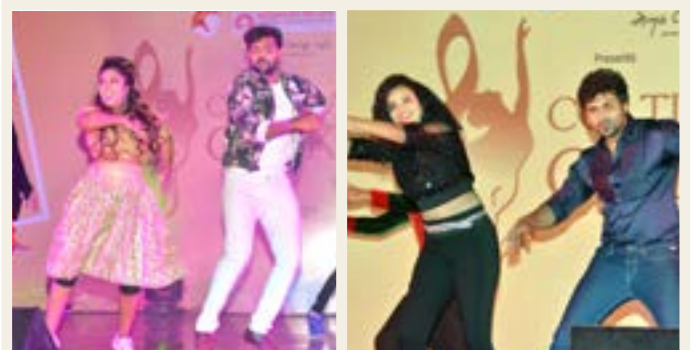
M/S. Naturals Saloon & Spa - K.Pudur, Madurai.



Mr. P. Thirunavukarasu, SMP - Steels, Madurai.



Onbehalf of Gandhigram Rural Institute, Gandhigram



Their dancing is pure poetry....



Show Kick off



Stand up Comedy



Cocktail singing folks western & more!!



Thank You Note

## Inkind Sponsors

<b>Donors</b>	<b>Worth of Rs.</b>
<b>Stylo JK Advertisers</b>	1,00,000.00
<b>Suryan Fm</b>	40,000.00
<b>Dinamalar</b>	30,000.00
<b>Jai Arts Sky</b>	30,000.00
<b>Shyamalavani</b>	25,000.00
<b>Namma Madurai, NM Digital ads</b>	20,000.00
<b>SLCS</b>	15,000.00
<b>RAS Pictures</b>	8,000.00
<b>Butterfly Tv</b>	7,000.00
<b>Total</b>	<b>2,75,000.00</b>

## Event Donors / Sponsors List

M/S. Sri Rama Trust, Madurai	5,00,000.00	Dr. P. Thirumalai, Chennai	25,000.00
Mrs. R. Vijayaa, Vijayalakshmi Traders, Mettupalayam	5,00,000.00	Dr. R. Seeniappan, Pudukkottai	21,000.00
M/S. Monica Enterprises, Madurai	2,00,000.00	M/S. Rohini Trading Corporation, Coimbatore	20,000.00
Mrs. Sasirekha Kathirvel, Erode	1,00,000.00	Mrs. Meenakshi Boopathy, Chennai	20,000.00
M/S. Rajapalayam Mills Limited, Rajapalayam	1,00,000.00	M/S. K.R. Fuels, Trichy	20,000.00
Mr. Jaikumar Soundara Rajan, Madurai	1,00,000.00	The Arasan Educational Charity Trust, Sivakasi	20,000.00
Mr. M.A. Rajeev, Madurai	1,00,000.00	Mr. C. Nagaratnam, Dindigul	20,000.00
Mr. A. Subramanian, Pudukkottai	50,000.00	Dr. V. Neethi Arasu, Madurai	20,000.00
Mrs. R. Muthurani, Madurai	50,000.00	M/S. Womens Voluntary Services, Madurai	20,000.00
Mr. E. Ramanathan, M/S. Harish Memorial Trust, Tiruppur	25,000.00	Dr. B. Kannan, Madurai	20,000.00
Mr. K. Kumara Murugesan, Erode	25,000.00	M/S Lic of India, Madurai	20,000.00
Mr. M. Jamal Mohamed, Pudukkottai	25,000.00	Mr. V. Kothandaraman, Chennai	20,000.00
Mr. P. Shiva Kumar, Mr. P. Dhanasekara Pandian & Mr. P. Balamurugan, Madurai	25,000.00	M/S. Sri Sathguru Sangeetha Vidyalayam, College of Music & Research Centre, Madurai	16,800.00
M/S. Indian Orthocare Surgicals, Chennai	25,000.00	M/S. Suchel Enterprises, Coimbatore	15,000.00
		Mr. U. Shanmugam, Madurai	15,000.00



M/S. Penguin Apparels (P) Ltd, Madurai	15,000.00	M/S. Vummidi Bangaru Jewellers, Chennai	5,000.00
The Dean, Tamil Nadu Agricultural University, Madurai	15,000.00	M/S. Best Trading Company, Hosur	5,000.00
Mr. S. Thirunavukarasu, Thirunelveli	12,000.00	Mr. V.S. Santhanam, Maharashtra	5,000.00
The Principal, Mangayarkarasi College of Arts & Science for Women, Madurai	11,000.00	Mr. G. Karthikeyan, Chennai	5,000.00
Mr. R. Velumani, Coimbatore	10,000.00	Dr. U. Sridevi Umamaheswaran, Virudhunagar	5,000.00
Prof. M. Swamiappan, Madurai	10,000.00	Mr. G. Anas Tariq, Pudukkottai	5,000.00
M/S. Vasavi Vidhya Trust, Salem	10,000.00	Mr. P.K. Suriya Narayana Raja & Sons, Tenkasi	5,000.00
Mr. S. Pandiaraj, Executive Engineer, Madurai	10,000.00	M/S. Asir Foundation, Madurai	5,000.00
M/S. Durgamma Foundation, Madurai	10,000.00	M/S. M.S.P.M. Chandharan Sons, Madurai	5,000.00
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Mr. A. Arokiaraj & Flora, Madurai	10,000.00	Mrs. R. Shanthi, Madurai	5,000.00
Dr. C.A. Mathiselvan, Dindigul	10,000.00	M/S. Fusiongreen Healthcare Private Limited, Chennai	5,000.00
Dr. S. Jayabalan, Sivagangai	10,000.00	M/S. Manoj Metal Corporation, Chennai	5,000.00
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Mr. Narasimhan & Akila Narasimhan, Theni	10,000.00	Mr. S. Dhakshinamoorthy, Madurai	5,000.00
Er. G. Chermakkani, Thoothukudi	10,000.00	Mr. R. Anand, Madurai	5,000.00
Dr. A. Balaji Thiruvadi, Madurai	10,000.00	Mrs. M. Manonmani Manoharan, Ramanathapuram	5,000.00
Mr. T. Ajith Kumar, Chennai	10,000.00	Mr. O.M.S.S.S.R.K. Senthil, Madurai	5,000.00
Ms. Rashmika Sridharan, Madurai	10,000.00	Mrs. Meena Sangeetha Balaji, Madurai	5,000.00
M/S. Aruthra Autos, Madurai	10,000.00	Mr. K. Pangras, Perambalur	5,000.00
Dr. RM. Annapoorani, Madurai	10,000.00	Mr. Nagaraj, Rajapalayam	5,000.00
Mr. K.V.K.R. Prabakaran, Madurai	10,000.00	Mr. S.B. Senthil Kumar, Madurai	5,000.00
Mr. J. Chandrasekar, Chennai	10,000.00	Mr. K.N. Kannan, Madurai	5,000.00
Dr. A. Ramamoorthy, Virudhunagar	10,000.00	M/S. John Printograph, Sivakasi	5,000.00
Mr. A.M. Haja Anish, Ramanathapuram	10,000.00	Mr. Devi Prasad Chandu, Hyderabad	5,000.00
Mr. M. Boomi Rajan, Karunkalakudi	5,001.00	Mr. E. Ramanathan,	
Mr. J. Yuvaraj, Dindigul	5,000.00	M/S. Harish Memorial Trust, Tirupur	5,000.00
Mr. S.N. Srinivasan, Madurai	5,000.00	Mr. M. Mohamed Tariq Hassan, Madurai	4,000.00
Sri. M. Chandramouli, Madurai	5,000.00	Mr. S. Jeyaraman, Dindigul	4,000.00
Dr. S. Sundararaj, Ramanathapuram	5,000.00	Mr. M. Jahir Hussain, Ramanathapuram	4,000.00
Dr. S. Soundarapandian, Chennai	5,000.00	Mr. J. Belson, Kanyakumari	3,000.00
Mrs. Malliga, Madurai	5,000.00	Dr. P.N. Kamala, Sivakasi	3,000.00
Mrs. R. Bhavani, Madurai	5,000.00	Mr. M. Surendren, Chennai	3,000.00
Mr. N. Palanivel, Madurai	5,000.00	Mrs. R. Jothi, Ramanathapuram	3,000.00
Mr. M. Chandrasekar, Coimbatore	5,000.00	M/S. Cordial Agencies, Madurai	3,000.00

Mrs. Menaka Gopal, Coimbatore	3,000.00	Mrs. A. Nargees Beebijan, Tenkasi	2,000.00
Dr. Mayandi Subramanian, Madurai	3,000.00	Mr. M.S. Qadir, Madurai	2,000.00
M/S. S.M.P.M. Foundation, Madurai	3,000.00	Mr. Yogarajan, Madurai	2,000.00
Mr. SP. Soman, Pudukkottai	3,000.00	Mr. M. Babu, Madurai	2,000.00
Mr. A. Chockalingam, Pudukkottai	3,000.00	Mr. SV. Natarajan, Madurai	2,000.00
Mrs. L. Renuka Devi, Karur	2,000.00	Mr. M. Syed Niyas, Ramanathapuram	2,000.00
Mr. T. Sugumaran, Sivakasi	2,000.00	Mr. Tas Nazeer, Chennai	2,000.00
Mr. D. Vadivel, Coimbatore	2,000.00	Mr. R.S. Mani, Chennai	1,500.00
Mrs. S. Sangeetha, Madurai	2,000.00	M/S. P. Subbiah Naidu Gomathiammal Endowment Trust, Madurai	1,000.00
Mr. V. Krishnakumar, Coimbatore	2,000.00	Mr. M. Jeevanandan, Pollachi	1,000.00
Mr. G.P.L. Narayanan, Madurai	2,000.00	Mr. A.S. Raj Kumar, Coimbatore	1,000.00
Mrs. G. Rajalakshmi, Madurai	2,000.00	Mr. M. Sundharom, Chennai	1,000.00
M/S. Vetrivel Engineering Enterprises, Trichy	2,000.00	Mr. S. Dhanabalan, Madurai	1,000.00
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Mr. P. Saravanan, Karur	2,000.00	Baby. Azka, Chennai	1,000.00
Mr. C. Senthilkumar, Ramanathapuram	2,000.00	Mr. S. Anees Ahmed, Ramanathapuram	1,000.00
Mr. M. Mariappan, Madurai	2,000.00	Mr. J. Selvakumar, Coimbatore	500.00
Baby. S.S. Poornima, Thiruvarur	2,000.00	Mr. S. Sabarish, Trichy	500.00
Mr. S. Peer Mohamed, Tirunelveli	2,000.00	Mr. B. Balamurugan, Karur	500.00
Mrs. Subha Munichelvam, Virudhunagar	2,000.00	Mr. P. Shankar, Madurai	500.00
Mr. S.V. Krishnamoorthy, Madurai	2,000.00	Ms. S. Soundarya, Madurai	500.00
Mrs. S. Pathu Muthu Sara, Tirunelveli	2,000.00		
Mrs. K. Jeyalakshmi, Madurai	2,000.00		





## Activities



Received medicines from **Direct Relief International** worth of Rs. 15 Lakh.



Chennai Pulicot Direct Relief - Sub Centre Visit.



Redington Foundation free Cancer Deduction Camp Felicitation Ceremony.



Medicine Distribution to Tuticorin Govt. Hospital.

## Our Beneficiaries Voice

V. Yuthika Sri  
 2/64 B Pavun Nagar  
 Opp Nadar High School.  
 Thayilpatti, Sivabasi-66128

வணக்கம், எனது மகளுக்கு பிறக்கும் போது உதவிபிளவு  
 உள் அண்ணம்பிளவு கிடுந்தது. எனக்கு மா. பார்ந்தனாதி முயல் மதுரை  
 மீனாட்சி பிஷ்னிஸ் இலவசமாக உதவி பிளவு அறுவை சிகிச்சை செய்வது  
 தெரிய வந்தது. நான் இடிந்ததைக்கு ஒரு மாதம் கிடுக்கும் போது வந்து  
 மீனாட்சி பிஷ்னிஸ் காப்டனைஸ். அவர்கள் அறவுறையுடையடி சீனியூ  
 மாதம் இடிந்ததில் அடவினான் செய்து இடிந்ததைக்கு இலவசமாக CP Sheet,  
 Case sheet, Bed change, injection, operation, speech therapy,  
 Food என அனைத்துமீ செய்து கொடுத்தனர். மூலம் எனது மகளுக்கு  
 உள் அண்ணம்பிளவுகிடுக்கும் சூதி குறித்து கொடுத்தனர். இடிந்ததை  
 தற்போது அறுவை சிகிச்சைக்கும் பிறகு மிகவும் நன்றாக கிடுக்கிறார்.  
 Duty staff அனைவரும் மிக உதவியாக கிடுந்தனர். அறை எப்பொழுதும்  
 சாத்தமாகவே கிடுந்தது. எனவே நானும் எனது குடும்பத்தினரும் மிகவும்  
 திருப்தியாக உள்ளோம்.

இப்படிக்கு,  
 V. P. J. J.



பிரதமர் உள்  
 S/o பிரதமர் பிரதமர்  
 2-11/34 காவல்துறைத் திட்டம் திட்டம்  
 சாமிநாதபுரம்  
 கோலம்-9  
 9788971159

என் மகன் உருவாக ஒரு மகனாக ஒரு சந்திரன் கிரிஸ்து ஐக்கிய  
 மெரித்தவர்களின் பிறந்தது. உருவாக மாற்றுவார்கள்  
 மீளாட்சி மிஷன் மெரித்தவர்களைய மாற்றுவார்கள் தகவல்கள்.  
 திருவந்தூர் பார்த்தி கிரிஸ் கெய்ட் திட்டம் உருவாக, திருவந்தூர்  
 பரிசீலனை, பரிசீலனை உருவாக, மாற்றுவார்கள் போன்றவை  
 மாற்றுவார்கள் இவ்வகை என் பற்றி தகவல்கள் தகவல்கள்  
 என் மகன் திருவந்தூர் மாற்றுவர்களின் உருவாக  
 உருவாக மாற்றுவார்கள் உருவாக மாற்றுவார்கள் உருவாக  
 மாற்றுவார்கள் மாற்றுவார்கள் தகவல்கள், தகவல்கள் பரிசீலனை  
 நல்ல மெரித்தவர்கள், மாற்றுவார்கள் இவ்வகை ஒரு  
 தகவல்கள் போன்ற தகவல்கள் உருவாக மாற்றுவார்கள். என் போன்ற  
 மாற்றுவார்கள் தகவல்கள் தகவல்கள் தகவல்கள்.

"திருவந்தூர் பரிசீலனை மெரித்தவர்கள்"  
 உருவாக மாற்றுவார்கள்  
 இய்யாக்க  
 M. தகவல்கள்

ஸ்ரீமதி: 13:4: & 1.

எனது நண்பர் ஜித்தா ஜானா. ஸ்ரீமதி லெனா  
லிஜா பித்தாக்காரர்: paediatric oncology இயக்கு  
ALL எனது நண்பர் பார்த்திலும் சிகிச்சை  
நேரம் உடனடியும் என்னை சரியான லைட்  
நின்று பார்த்து வந்தார். என்னை தான்  
என் பார்த்து சரியில்லாத நுரஸ் தான் சிகிச்சை  
வேரானது பார்த்து [உண்மை, சிகிச்சை அது]  
கொண்டார் 2014-ம் ஆண்டு நேரம் தான் தான்  
பார்த்து லைட்டினி சிகிச்சை Dr. Kasi Vishwanathan.  
சிகிச்சை சரியாகவில்லை. தான் தான் தான்  
கொண்டார் சரியாகவில்லை. தான் தான் தான்  
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கொண்டார் சரியாகவில்லை. தான் தான் தான்



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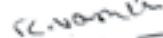
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சாங்காது மருந்தகத்தில், மதுரை மீனாட்சி  
நிலைன் மருத்துவமனையின் உண்டியல் கடந்த 16  
சீண்டுகளாக உள்ளது. இந்த உண்டியல் முன்பாக  
பயிற்சி தொண்டர்கள் மூலமும் 4 ஆம் ஆண்டில் பாதிக்கப்  
பட்ட சுவாமிநாதன் குடிநீர்நிலையம் சிகிச்சைக்கிடம் இவ்வாறு  
உண்டியல் மருந்துகளைப் பயன்படுத்தும்படி உண்டியல்  
அறிந்து மிகுந்தவாறு உள்ளது. மேலும் இப்பணி சிறக்க  
சாங்காது நிறுவனத்தின் சார்பாக மனமார்த்த நன்றியையும்  
உபதேசிக்கின்றனமும் தெரிவித்துக் கொள்கிறோம்.

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Mr. M.B. Nirmal, Founder - ExNoRa International, Chennai.



Mr. B.V. Ramkumar, Director National Institute for the empowerment of persons with disabilities. Secunderabad.



On behalf of Manu Neethi Foundation, Coimbatore.



Actor Ranjith

## Condolence



Our beloved well wisher touched the God's feet, may there soul Rest is peace.

**Padma Shri. Vivek**  
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Indian Express  
21.3.2021

# The Law of Giving



A leader's role is to turn the conditioned efforts of team members towards unconditional giving.

By DERASHIS CHATTERJEE

**M**any times a day, I realize how much my own inner and outer life is built on the labours of other men, both living and dead, and how earnestly I must exert myself in order to give in return as much as I have received.

These are not the words of a saint but a scientist, Albert Einstein, whose life was a search for the eternal truths of life.

A conscious leader understands the paradox of nature, in which the law of giving functions in the reverse direction to the law of grabbing. As one grabs more money, power and status, one accumulates. As one hoards what one has accumulated, one grows poorer and poorer. This poverty is the outcome of the limiting law of material wealth. All material wealth diminishes in time and in unfavourable circumstances. The grabbing mind is forever insecure that its wealth will be taken away by someone else.

When the flower blooms, bees come to it without invitation. Leaders learn through experience that the law of giving results in the flowering of a new state of consciousness. This state of consciousness activates the affluence or the 'flowing in' of the bounty of material nature. Consciousness, which is spiritual affluence, is the primal cause, and material affluence is the consequence. Between the cause and the consequence, what operates is the mechanics of the law of giving.

Self-managed teams in contemporary organisations embrace themselves by means of the principle of self-giving. For that matter, no teamwork can happen without unconditional giving by team members. Team spirit is developed when giving happens spontaneously. Mother Teresa told her sisters in the Missionaries of Charity, 'Give till it hurts'. In organisational teamwork, members give their labour, their knowledge and their attention. They also lend their ears and voices. Finally, they give their heart and their spirit. Leadership is the task of orchestrating of the unique gifts

**Leadership is the task of orchestrating of the unique gifts that each team member brings to the organisation**

that each team member brings to the organisation. A leader's role is to turn the conditioned efforts of team members towards unconditional giving.

**Takers, givers, matchers: Science of happiness**

If you want a spoonful of happiness, let a spoonful of ice cream melt on your tongue. The ice cream may stay a short while on your lips but remain for a lifetime on your lips! If you truly wish for a lifetime of happiness, dissolve your ego in the service of another.

The business of happiness is not just a private affair. Happiness has become a state subject governmental concern. I was invited to visit Bhutan and Dubai once and had the privilege of meeting some of the stewards involved with the business of happiness. Bhutan was creating a measure of growth by substituting GDP with GNH, or gross national happiness. The United Arab Emirates appointed a new Minister of Happiness, Mr Ohood Al Rozani, whose job-description was, simply, to put the happiness of citizens at the forefront of the government's priorities. Thailand is working on its own

national happiness index.

Happiness has become a sizzling subject of academic as well as corporate interest all over the world. Jeffrey Sachs, a very eminent academic and director of the Earth Institute at Columbia University, says, 'Measuring self-reported happiness and achieving well-being should be on every nation's agenda as they begin to pursue the Sustainable Development Goals...' Adam Grant, a Wharton Business School professor, classified a large sample of people he researched in three categories: takers, givers and matchers. Here is how I would classify takers, givers and matchers. Think of a whole class of college girls going to celebrate graduation in a restaurant. The takers will expect someone else to pay for their food, the givers will be the first ones to offer to pay for everyone. The matchers will want to go Dutch so that everyone shares equally. Grant's startling research finding demonstrates this: Givers sink to the bottom of the success ladder in academic as well as professional life. Across a wide range of important occupations, givers appear at a

disadvantage; they make others better off but sacrifice their own success in the process. The takers seem to surge ahead of the givers because they concentrate on fulfilling their personal agenda ahead of others. The matchers are like whistle-blowers, they keep a watch over takers so that they don't exploit other people. So, if givers are most likely to land at the bottom of the success ladder, who's at the top—takers or matchers? Neither. When Grant took another look at the data, he discovered a surprising pattern: It is the givers, again, who rise to the top of the success ladder. The takers and matchers stagnate in the middle. My own research shows that givers grow to the top by creating social capital. Social capital multiplied by their intellectual capital becomes their reputation capital. It is their reputation as large-hearted people that propels givers right to the top in the long run. Grant's research tells us that being a giver may not be good for a 100 metres dash, but it is valuable in a marathon.

If you wish to take your first firm steps towards happiness, move from your self-centred to

the other-centred universe. Think of a few things you can do where you can put the best interest of others ahead of your own. The Dalai Lama gives you a solid spiritual reason to be other-centred. He advises people to cultivate the understanding that the self is not really an independent existing entity. He urges us to begin to view our self, instead, in terms of its dependent relation to others. Although it is difficult to say that merely reflecting on this will produce profound happiness, it will at least have some effect. Your mind will be more open. Something will begin to change within you. Therefore, even in the immediate term, there is definitely a positive and beneficial effect in moving from self-centredness to other-centredness, from belief in self-existence to belief in dependent origination.

What do you think is the opposite of happiness? No, it is not sadness. To be sad and happy are like the trough and crest of the wave called life. They come together like winter and spring, rain and sunshine, shade and light. The opposite of happiness is selfishness. When we live in a self-centred rather than the other-centred universe, our life force shrinks like a rain-starved river. When we share our abundance with others, the same life force grows and makes us happy. Think of someone who wins a lottery yet has no one to share his fortune with. Do you think he will be a happy man?

Next time, when you buy two scoops of your favourite ice cream from a confectionery, just look around to see if you can find an undernourished boy who works 14 hours a day in a nearby bus stall. If you wish, just share one scoop of your ice cream with him. Chances are your experiment in being a giver will result in a broader smile and slimmer hips!

*Excerpted from Karma Sutra: Leadership and Wisdom for Uncertain Times by Derashis Chatterjee, published under the SAGE 2018 Knowledge Service for New Managers by SAGE Publications India*



PAPER CLIPPINGS

# In telehealth, scaling up the Indian advantage

There are lessons from the pandemic that can be applied usefully to how health care can be delivered



KAMALINI RAMDAS & SOUMYA SWAMINATHAN

In the novel coronavirus pandemic, health-care providers have been reassigned from other specialties to COVID-19, restricting high quality care for other conditions.

Simultaneously, lockdowns and fear of transmission have dampened demand for non-emergency care. A survey conducted by the World Health Organization (WHO) in 105 countries in July 2020 (<https://bit.ly/3aqK06R>) showed that essential services were disrupted in the majority of countries, with immunisation, antenatal and childcare services among the most widely affected. About 45% of low-income countries incurred at least partial disruption of over 75% of services, relative to only 4% of high-income countries. Almost 60% of services were at least partially disrupted in South East Asian countries.

**COVID-19 impact**

In India, detection of tuberculosis cases was down by 50% in April-December of 2020 relative to the same period in 2019, and antenatal care visits were down by 56% in the first half of 2020. With stoppage of routine follow ups, blood sugar control for diabetics was at risk, increasing the chances of adverse events requiring hospitalisation, including worse outcomes in the case of COVID-19 infection.

Cancer care has been badly affected in many countries, as well as diagnosis and treatment of other non-communicable diseases.

Further, the pandemic has exacerbated inequalities – people living in rural and remote areas were further disadvantaged by not being able to travel to cities to seek specialist care. The pre-existing shortage of specialists in many rural areas led to care being delayed or not happening at all.

**Enhance technology use**

The acceleration in the use of digital technologies has mitigated the impact of COVID-19 to some extent. Virtual consultations avoid the risk of COVID-19 transmission and are helping to bridge this socio-economic divide.

The Indian government's eSanjeevani platform offers both provider-to-patient interactions and provider-to-provider interactions, where patients visit smartphone-equipped community health officers in rural health and wellness centres; these in turn connect to general practitioners and specialist doctors through a hub-and-spoke model. Private providers and non-governmental organisations have also expanded virtual access to underserved populations.

Yet, given the scale of unmet demand, there is an urgent need to increase the efficiency and effectiveness of every minute spent in virtual care interactions. There are lessons we can learn from the pandemic that can be applied usefully to how we deliver health care.

Remote-shared medical appointments in which multiple patients with similar medical needs

BETTY HANCOCK/ISTOCK



meet with a clinician at once, remotely, and where each receives individual attention, can greatly increase telehealth capacity by eliminating repetition of common advice.

**Utilising shared appointments**

Remote shared medical appointments essentially virtualise in-person shared medical appointments (SMAs) which have been offered successfully in the United States for over 20 years. Patients get more time with their clinician, albeit not in private. SMAs enable peer support and peer-to-peer learning. Providers who have offered SMAs have found them to improve both productivity and outcomes for many conditions, notably diabetes. SMAs could help tackle India's widespread "sugar" problem.

The Aravind Eye Hospital in Pondicherry has successfully trialled in-person SMAs for patients with glaucoma, a disease that causes gradual, irreversible blindness. Glaucoma progression can be slowed through regular follow up and taking prescribed medications. The eye hospital found that in shared appointments, patients spur one another to engage more

and ask more questions. Such (virtual) peer interaction could be welcome in the current paradigm of social distancing.

eSanjeevani and other telehealth platforms could consider offering virtual shared medical appointments. Patients in different villages, with similar conditions can be seen at once remotely by a generalist or specialist, during the pandemic. Once transmission risk subsides, seeing patient groups within each village centre will help build supportive bonds, enable sharing of local knowledge, and likely attract supplementary providers (physiotherapists, optometrists, etc) due to scale.

Testing and vaccine adoption is stymied by misinformation. Providers can offer virtual group information sessions accessible via smartphone in which a health-care worker explains the benefits of COVID-19 testing and vaccination and answers questions, reaching potentially quite large audiences. Engaging in real time with a care provider in an interactive format will likely encourage safe behaviours to a greater extent than if the same information is provided without interaction.

Switching to radically different care delivery models requires rigorous testing combined with mentoring, training and behaviour change for both patients and providers. Adoption of in-person shared medical appointments has been slow. The unique telehealth capacity crisis which COVID-19 has created is drawing interest to virtual SMAs. Training platforms such as ECHO, which train primary-care providers in many States through an online platform – can

accelerate adoption and should also guide implementers on how to gather data that can be used to scientifically validate this care model.

Patients who choose to attend an in-person SMA often like the experience and return for more. This is likely for virtual SMAs too. Trialling and acceptance of this model could amplify the impact of health systems both during the pandemic and beyond.

**The plusses**

Relative to other nations, India is well poised to ramp up telehealth. Data plans are cheaper in India than anywhere. It is possible to get 1.5GB of data a day for a few hundred rupees a month, and Indians from all socioeconomic groups regularly enjoy group video chats with friends and relatives. Having a group interaction with a care provider on an appropriately secure platform is certainly conceivable.

WHO's Global Strategy on Digital Health, adopted by the World Health Assembly, is a call to action providing a road map for nations to rapidly expand digital health services. With innovation in systems thinking, learning and adaptation, new digital tools bring an opportunity to leapfrog into a reality of 'Health for All'.

*Kamalini Ramdas is Debby Chaired Professor of Innovation and Entrepreneurship at London Business School. Dr. Soumya Swaminathan is Chief Scientist at the World Health Organization. This article draws on an article by the same writers that appeared in the January 2021 issue of Nature Medicine. <https://doi.org/10.1038/s41591-020-1100-4>*





## சமூக மாற்றம் கொண்டுவந்தவர்களை...

**பத்மஸ்ரீ S.ராமகிருஷ்ணன் நிறுவனர் அமர் சேவா சங்கம் ஆயகுடி, தென்காசி மாவட்டம்.**

தற்போது சுமார் 30 ஏக்கர் நிலப்பரப்பில் மாற்றுத்திறனாளிகளின் நலனுக்காக கடந்த 40 ஆண்டுகளாக தன்னை அர்ப்பணித்துக்கொண்ட அமர் சேவா சங்கத்தை தோற்றுவித்த திரு.S.ராமகிருஷ்ணன் அவர்களைப்பற்றித்தான் இந்த செய்திமடலில் நாம் காணப்போகின்றோம். சேலத்தில் 1954ல் பிறந்து தனது பள்ளிப்படிப்பை தஞ்சாவூரிலும், கல்லூரிப்படிப்பை கோயம்புத்தூரிலும் முடித்துள்ளார்.

மூன்று சகோதரர்கள் மற்றும் ஒரு சகோதரியும் இவருக்கு உண்டு.

இராணுவத்தில் சேரவேண்டும் என்ற ஆசையுடன் தேர்வில் கலந்துகொண்டார், அதில் உடல் சோதனை பயிர்ச்சியின்போது முதுகு தண்டவாளத்தில் அடிபட்டு எதிர்காலமே குன்றிப்போனது.

ஒரு வருடம் மருத்துவமனை சிகிச்சைக்குப்பின், தனக்கு சிகிச்சையளித்த மருத்துவர் திரு.அமர் ஜித்சிங் பெயரைத்தாங்கி அமர் சேவா சங்கத்தை 1981ல் தொடங்கினார். தற்போது இம்மையத்தின் மூலம் பள்ளி, பகல் நேர பராமரிப்பு மையம், மாற்றுத்திறனாளிகளுக்கான மறுவாழ்வு மையம், தொழில் பயிற்சிமையம், ஆரம்பநிலை சிகிச்சை தலையீட்டு மையம், தங்குமிடம், மருத்துவமையம் போன்ற அனைத்துவித சேவைகளையும் செய்து வருகிறது. இதில் மாற்றுத்திறனாளிகளுக்கு கல்வி இலவசமாக வழங்கப்படுகிறது. தன்னுடைய இந்த சேவைக்காக அமேசிங் இந்தியன் அவார்டு, டாக்டர்.மேரிவர்கீஸ் அவார்டு, எம்பவரிங் எபிலிடி அவார்டு, வாழ்நாள் சாதனையாளர் விருது போன்ற விருதுகளை பெற்றுள்ளார். இந்திய அரசின் பத்மஸ்ரீ அவார்டு கடந்த



ஆண்டு இவருக்கு வழங்கப்பட்டது. மேலும் பல உயரிய விருதிற்க்கும் இவர் பொருத்தமானவரே !

மீனாட்சி மிஷன் மருத்துவமனை சார்பாக நாங்கள் நேரில் சென்று வாழ்த்து சொல்லி, அவரின் ஆசீர்வாதம் பெற்றுக்கொண்டு அன்னாரின் சேவைகளை நேரில் பார்வையிட்டு, வரும்காலங்களில் இரு நிறுவனங்களும் இணைந்து எந்தெந்த வகைகளில் சேவைகளை பகிர்ந்து கொள்ளலாம் என்ற எதிர்கால திட்டமுடன் மதுரை திரும்பினோம்.

### அடுத்த இதழில்



**பத்மஸ்ரீ திரு.மனோகர் தேவதாஸ்**  
ஓவியர் எழுத்தாளர் அவர்களுடனான சந்திப்பு அனுபவம்.

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Ms. K. Faizaa, Madurai	2,000.00	Mr. P. Saravanan, Madurai	2,000.00
Mr. N. Abdul Sathar Khan, Madurai	2,000.00	Mr. S. Jothi Moorthy, Madurai	2,000.00
Mr. S.A. Jabarullah Khan, Sivagangai	2,000.00	Dr. C.N.B. Harishankar, Madurai	2,000.00
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Mr. N.M. Varusai Mohamed & N.M. Syed Ibrahim, Madurai	2,000.00	M/S. Dept. of Ac Plant Staff, MMHRC, Madurai	2,000.00
Mr. R.M.R. Shankar, Madurai	2,000.00	Mrs. R. Dhivya, Trichy	1,500.00
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Mr. V. Udhaya Kumar, Madurai	2,000.00	Mr. V. Murugan, Madurai	1,400.00
Mr. P. Ganesan Saratha, Madurai	2,000.00	Mrs. J. Kalyani, Madurai	1,300.00
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Mr. V. Alexander, Tanjore	500.00	Mr. R.M. Periyathambi, Madurai	500.00

## Technique Wise Income Details

### Organization / Technique Wise Resources Mobilized

Organization	Amount in INR
Ketto	41,56,333
Event (Cultural Cocktail)	28,54,221
Smile Train	25,48,000
Donor Nursing	22,03,604
Amway India Enterprises Pvt. Ltd., (Telemedicine centres)	21,43,000
Vitamin Angels	18,08,590
Charity Box	17,77,970
IOCL	9,84,684
Smile Train (Needy Poor & Speech Grant)	8,00,000
Rare Disease Project	7,26,479
Pay Roll Giving	4,47,033
Impact Guru	1,84,334
Child Help Foundation	1,27,000
Redington Foundation	1,04,302
NTEP (TB Programme)	75,000
Volunteer Fees	56,000
Creche Grant	40,000
Cuddles Foundation	8,300

Inkind donations from our Donors	Amount in INR
PPE Kit & Scrub from BKT Tyres, Madurai	1,00,000
THCF, Chennai	66,900
Medicine	41,600
Bioline Kit from Govt. Of India	24,000
Fruits	7,500
Dress kit	5,000
Wheel chair	5,350
Drawing kit	3,000



**கல்வி சேவை அளிக்கும் தொண்டு நிறுவனங்கள்:  
சேவை தேவைப்படும் மாணவ / மாணவிகள் நேரடியாக அணுகலாம்.**

**Agaram Foundation**

15, Krishna Street, Parthasarathi Puram,  
T. Nagar, Chennai - 17.  
Ph: **9841891000**  
Email: info@agaram.in

**Matram Foundation**

47, Rangareddy Garden,  
4<sup>th</sup> Cross Street, Neelangarai,  
Chennai - 600 115.  
Ph: **9551014389**  
Email: enquiry@maatramfoundation.com

**Mugavari Foundation**

14/1, 1<sup>st</sup> Street,  
Karambakkam,  
Porur, Chennai - 116.  
Ph: **044 - 24762710, 9566150942**  
Email: mgavarifoundation@gmail.com

**Anandam Foundation**

Anandam Youth Foundation,  
15/21, Pasumarthi Street,  
2<sup>nd</sup> Lane, Rangarajapuram,  
Kodambakkam, Chennai - 24  
Ph: **044-45588555**

**Dr. Abdul Kalam Trust for Future Vision**

54, Periyasamy Nagar,  
Gunduppalavadi,  
Cuddalore - 607002.  
Ph: **9629998597 / 9787108630**  
www.apjfuturevision.org  
Support@apjfuturevision@gmail.com

**Ooruni Foundation**

Level 2, Setraa Towers,  
304, GST Road,  
Chrompet, Chennai - 44.  
Ph: **9556148732**

**Preyana - NGO**

M/S. Infosys Foundation Neralu,  
1/2 (1878), 11<sup>th</sup> Main 39<sup>th</sup> Cross,  
4<sup>th</sup> 'T' Block, Jayan Nagar,  
Bangalore - 560 011.  
Contact: **9964534665**  
Ph: **080 26534653**  
Email: foundation@infosys.com



# COVID PLEDGE

I am **HAPPY**

நான் **மகிழ்ச்சியாக** இருக்கிறேன்

I am **HEALTHY**

நான் **ஆரோக்கியமாக** இருக்கிறேன்

I am **STRONG**

நான் **வலிமையோடு** இருக்கிறேன்

I love my **BODY**

நான் என் **உடலை** நேசிக்கிறேன்

I attract **POSITIVITY**

நான் **நேர்மறை** எண்ணங்களை ஈர்க்கிறேன்

I attract **LOVE**

நான் **அன்பை** ஈர்க்கிறேன்

I am **KIND**

நான் **கருணையோடு** இருக்கிறேன்

I am **CONFIDENT**

நான் **நம்பிக்கையுடன்** இருக்கிறேன்

I am **WORTHY**

நான் **தகுதியுள்ள** நபராக இருக்கிறேன்

I'll be okay and I will successfully  
**CROSS THIS CRISIS TIME**

நான் இந்த நெருக்கடியான நேரத்தையும்  
வெற்றிகரமாக கடந்து வருவேன்  
**இதுவும் கடந்து போகும்**

## Awards & Recognitions

Received awards from TANCARE - 2021 for the services



Received “**Best emergency & Trauma Services**” award by  
**Dr. Narendranath Jena**



Received ‘**Best Cardiology Services**’ award by **Dr. P. Jeyapandian**



Received Best Service Award from Madurai Collector **Anbazhagan IAS** for **HIV AIDS prevention and Treatment service**. In presence of **Dr. K.V. Arjun Kumar** DD Health Services.



## MMHRC's Charitable Achievements

- Free food provided more than **4.17** lakh poor inpatients.
- So far **4,91,106** number of patients have received free medicines.
- Blindness prevention treatment through Medicine distribution to more than **1.60** crore children.
- More than **2,19,125** blood units distributed at free of cost.
- Free HIV counseling and testing done for more than **26,997** persons.
- Free Cleft lip / Palate surgeries performed for nearing **14,632** patients.
- Free tuberculosis testing for more than **32,139** patients.
- More than, **6,596** free medicals camps were conducted in rural areas.
- Telemedicine services provided for more than **1,96,779** patients.
- **186** surgeries performed for children with cardiac ailments.
- **4,211** children availed medical intervention for cancer & other blood disorders with the assistance from the Hospital and Government.
- Hospice Care been given for more than **2,477** patients at subsidized cost.
- Palliative Care service for more than **12,567** patients.
- Lysosomal storage disorder (LSD) - Rare Disease project. Total no. of Beneficiaries - **48**.

## Help us to help the poor through the charitable plans

### Our Charitable Services

- Free food scheme for poor patients
- Free treatment for children with cancer
- Free eye surgeries
- End of life care for terminally ill patients (Hospice care)
- Free cleft lip and palate surgery
- Telemedicine services for the rural poor.

### Cheque / DD should be drawn in favor of.

1. For Children Cancer Scheme  
“**Camila Children Cancer Fund - S.R. Trust**”
2. For Free Food Scheme - “**S.R. Trust**”
3. For Hospice Care - “**S.R. Trust**”

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All donations are tax exempted  
U/S 80G of the Income Tax Act of 1961.  
S.R. Trust Pan No. AACTS0376F

### Contact:

**DEPARTMENT OF RESOURCE & DEVELOPMENT,**  
**Meenakshi Mission Hospital & Research Centre,**  
Lake Area, Melur Road, Madurai - 625107.

Phone No: **0452-426 3458 / 426 3441 / 426 3120**  
Cell: **96266 08191 / 98654 55005 / 98652 04646**  
Email: [charitymeenakshimission@gmail.com](mailto:charitymeenakshimission@gmail.com)  
website: [www.srtrust.org.in](http://www.srtrust.org.in)